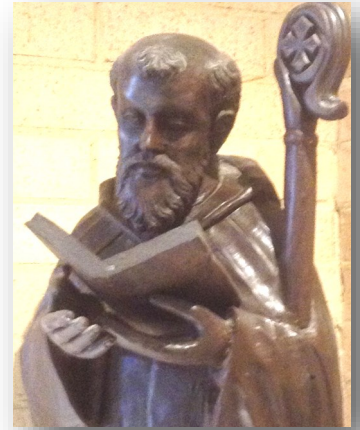


# St Benedict's Parish

## Arcadia

*Keep constant guard over the actions of one's life.*

*Rule of St Benedict, Chapter 4*



## Third Sunday in Ordinary Time

20th and 21st of January 2018

### First Reading

A reading from the book of the prophet Jonah 3:1-5, 10  
*The Ninevites renounced their evil ways.*

### Responsorial Psalm

Psalm 24:4-9

Teach me your ways, O Lord.

### Second Reading

A reading from the first letter of St Paul to the Corinthians 7:29-31  
*The world as we know it is passing away.*

### Gospel Acclamation

Alleluia, alleluia!

The kingdom of God is near:  
believe the Good News!  
Alleluia!

### Gospel

A reading from the holy Gospel according to Mark 1:14-20  
*Repent, and believe the Good News.*

### Weekend Mass

Saturday at Parish Church 7:00pm  
Sunday at Monastery Chapel 7:00am  
Sunday at Parish Church 9:00am

### Weekday Mass

Daily at Monastery Chapel 7:00am  
Wednesday at Parish Church 9:30am

### Special Masses at the Parish

#### Monthly Mass

1st Friday of the month 7:00pm

#### Italian Mass

2nd Tuesday of the month 7:00pm

#### Children's Mass

1st Sunday of each month 9:00am

#### Exposition of the Blessed Sacrament

Every Friday 7:00pm

Liturgy of the Word invites all children to attend during 9:00am Mass.

Baptisms are celebrated at 11.00am on the 2nd & 4th Sunday of the month. Please see Father Bernard.

Reconciliation is on every Friday evening at the Parish Church from 7.00pm to 7.45pm and available by appointment.

For the sick who require a priest, please call Father Bernard.

Marriages by appointment, please see Father Bernard.

Funerals to be arranged through Father Bernard.

## Liturgy of the Hours

*Seven times a day I will praise you*  
Psalm 119:164

The liturgy of the hours is recited in the Monastery Chapel at the following times:

5.45am	Office of Readings
6.30am	Morning prayer
12.45pm	Midday prayer
6pm	Evening prayer
8pm	Night prayer

### Parish Lenten Groups

Parish Lenten groups will be held on **Wednesdays** during Lent and will commence on **21 February** at the following times:

**1pm** in the Parish Meeting Room

and

**7.30pm** - Please contact Margaret on 9653 3377 for further information.

*St Frances de Sales, Doctor of the Church*

*Feast Day Wednesday, 24 January*

*The Conversion of St Paul*

*Feast Day Thursday, 25 January*

Be who you are and be that well.

*St Frances de Sales*

## Ash Wednesday 14 February 2018

Mass and distribution of ashes will take place at the following times:

7am	Monastery Chapel
9.30am	Parish Church
7pm	Parish Church

Ash Wednesday is a day of fasting and abstinence from meat.

### LENT - *The Light is On*

Lent this year begins on **14 February**, and is the season of the Church's year where we look to renew our relationship with God.

To help us do this, during Lent our Church will take part in *The Light is On*, an initiative where churches throughout the Diocese will be open on the following Friday evenings,

**16 and 23 February**

**2, 9, 16 and 23 March from 7 to 8pm.**

In our Parish this will coincide with exposition of the Blessed Sacrament at 7pm.

A warm invitation is extended to everyone to drop in and visit for some quiet time, prayer, and a space to take time out to reflect on faith and life.

The Sacrament of **Reconciliation** will also be offered for the hour. Take time to experience God's light and peace in your life this coming Lent.

*The light is on for you!*

## In Our Parish

We remember in our prayers ~ all our dearly beloved who have died. May they Rest in Peace.

We welcome into God's family ~ all who were recently baptised.

We pray for the sick of our Parish ~ Terri Butler, David Todd, John Poole, Maria La Spina, Maria Jasser, Annabelle Twyford, Jo-Ann Mathyi, Peter Mathyi, Rita (Lorraine Dailey's sister), Hannah (Leonie Miller's great granddaughter) & Sr Monica.

## PASTORAL COUNCIL MEETING

**Date:** Tuesday, 6 February

**When:** 7.30pm

**Where:** The Parish Meeting Room

## SACRAMENTAL PROGRAMME

The **Parent Information Evening** will be held on **Monday, 19 February 2018** at 7.30pm.

Our **PARISH FETE** will be held on **11 March 2018**. Put this date in your diaries and be there on the day.

One of the first things we must attend to is the major raffle - Can I have a volunteer to organise the major raffle please?

We also need to ensure we have the stalls and the people to organise them. Can you please let me know if you want to **organise a stall** this year?

Helen Facione is organising the craft and fancy goods stall. The following **items** are needed for the craft stall:

◆ Hanging Tea towels (tea towels with crocheted tops)

and

◆ Fabric plastic bag holders.

The Kazzi family are down for the fruit and vegetable stall.

I am hoping to have a meeting after mass on **Sunday 28 January** for all interested parties.

Please feel free to contact me on 0416 08 18 82 or [lorraine.dailey@aarminique.com.au](mailto:lorraine.dailey@aarminique.com.au).

Lorraine Dailey

## CATECHIST NEWS

Our first Catechist meeting for the year will be held on **Wednesday 31 January** at **12.30pm** in the old side church. If possible could all Catechists please attend to collect your Manuals and workbooks, thanks.

Catechists (Scripture teachers) wanted on **Wednesdays** for **Arcadia** (11:30am-12:10pm) for a Year 3&4 class of approximately 7 students. Also for **Glenorie** (10:10-11:50am) for Year 2 for the first 2 terms only. If you are able to help in any way - full time, part time or reserve - please talk to Fr Bernard or myself.

God bless  
Miriam Brown 9652 0558  
Parish Catechist Co-ordinator

## IRISH DANCE

Irish Dance lessons will begin again in **February** on Saturday mornings in the Parish Centre.

For more information, or if you are interested in joining, please contact Nerida on 0425 834 017.

## CATHOLIC MINDFULNESS WORKSHOP

Join Catholic USA psychologist, Dr Gregory Bottaro at his workshop where he will teach you new skills to help support the people in your communities. Gain more peace in your life by trusting God, letting go and becoming more present with his Mindfulness strategy.

Date **Wednesday, 14 February**  
Venue University of Notre Dame, Broadway  
Cost \$100  
Register [www.ROM.com.au](http://www.ROM.com.au)

## FATHER BERNARD ON LEAVE

Father Bernard will be away from 1 February to 21 February.

Australia Day Friday 26 January

Come Holy Spirit of this Great South Land

Inspire our entire faith community,

As we prayerfully discern new horizons for spreading joy

in the lives and communities of the People of God. (Year of Youth 2018)

## ALPHA

We are planning to introduce ALPHA into our parish mid year.

Alpha is a series of talks that explore the Christian faith.

If you would like more information please talk to Father Bernard or contact Sandra on 0410 587 735.

### ROSTER FOR NEXT WEEK - 27 to 28 January 2018

	7pm	9am
A	Paul Camilleri	Paul El Char
R1	Mary Camilleri	Nigel Morgan
R2	Teresa Gambino	Sr Monica
P	Miriam Brown	Peter Goodwin
AS		
EM	Angela Scotti	Trish Shipley
EM	Margaret Bensley	Kath Moran
EM		Bernadette Watt
EM		Jessie Guiana
M		Melanie Hume
M		Keith & Liz
M		Sr Monica
CL1		School Holidays
CL2		School Holidays
MT		Sophie Rebula
CT		Lorraine & Margaret
WEL		Peter & Jessie

**PLAYGROUP** will resume on  
Monday, 5 February from 10am to 12noon.

## Gospel reading for Next Week

4th Sunday in Ordinary Time      YEAR B

A reading from the holy Gospel according to  
Mark 1:21-28

*This is a new kind of teaching that speaks  
with authority.*

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

### TRADITIONAL OWNERS

St Benedict's Parish, Arcadia, acknowledges the Darug and Guringai people, the traditional owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander people to this country and commit ourselves to the ongoing journey of Reconciliation.

Parish Office: 9653 2312  
Parish Priest: Fr. Bernard McGrath osb  
After hours: 0416 032 497  
Good Samaritan Sisters: 9653 1231  
Facebook: stbenedictsarcadia

Office Hours: Thursday & Friday 10am to 2pm  
Monastery: 9653 1159 Fax: 9653 1883  
Email: arcadia.parity@bigpond.com  
Website: www.arcadia.dbb.org.au

*For all parish Occupational Health & Safety comments please write them in the OH&S book in the sacristy or phone Lorraine Dailey 0416 081 882. All information will be well received.*